

## NEWS LETTER MAY-2020 (Ramadan 1441 AH)



## **BOARD OF MANAGEMENT – MULTAN INDUSTRIAL ESTATE**

## **Procrastination "The Thief of Time"**

The complicated failure of self-regulation is the major flaw in our civilization which directs toward lack of commitment and confidence is usually called **Procrastination** or the thief of time.

Scholars use to define procrastination as Putting off looming tasks to a later time, sometimes to the "last minute" before the deadline. Some other also elaborates it as the practice of carrying out less urgent tasks in preference to more urgent ones.

While Procrastination people use to show themselves as perfect employees and they follow mostly "should" statements, imagine mastery models and try to put the cart before the horse. Procrastinators sometimes behave to avoid lack of confidence, fear of failure, lack of self reward or lack of self awareness.

Mostly there are different reasons of procrastination, like lack of confidence, anger, life style or any mental or health problem. People generally take it as source of pleasure or very normal thing and believe that it use to happen and it's so casual in our life. Such behavior comprise of negative feelings with emotional reactions & lead route for procrastination.

As for as the solution concern, there are different ways to control procrastination like following Islamic Work Ethics (IWE) guide us to deal it. Islamic work ethics comprise of four pillars, fair efforts, fair competition, transparency and moral conducts. By obeying these basic principles , organizations can control procrastination up to some extent. Islamic work ethics under balanced values, guides employees to put their efforts within legal limits and be fair in personal actions and thinking to sustain environment, because procrastination is not only impact on individuals level but also on organizational employees productivity and performance as well. We as a self leader must focus on improving our self respect by putting our moral values and following fair work ethics. Then we can say that we are producing a healthy nation.

So be aware of this "thief of time" well because "time and tide wait for none"....

**Nouman Ahmad Admin Officer BOM-MIE** 

**Note**: In the current scenario of the country especially in context of Covid -19, its difficult to celebrate this event. But BOM/MIE cares for you and need you to stay at home and avoid social gathering.

**Precautionary** Measures Covid -19

**BOM/MIE** cares for Workers & Make sure In all Phase 1 & 2 Industries for

- Use of Sanitizers machine at main entrance
- Use Temperature machine at main entrance
- Use of Hand Sanitizers
- Use of Mask for every staff
- Wash your hand for 20 second multiple times in a day
- Avoid Hand Shaking with each other
- Follow Social Distancing in working areas
- Avoid social gathering

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